

Fifth Sunday after Epiphany February 7, 2021 Holy Communion

CONFESSION AND FORGIVENESS

All may make the sign of the cross, the sign marked at baptism, as the presiding minister begins.

Blessed be the holy Trinity, + one God,

whose voice is upon the waters,

whose mercy is poured out upon all people,

whose goodness cascades over all creation.

Amen.

Let us confess our sin, trusting in the abundant grace of God. Silence is kept for reflection.

Holy God,

you search us and know us.

You are acquainted with all our ways.

We confess that our hearts are burdened by sin-

our own sins and the broken systems that bind us.

We turn inward, failing to follow

your outward way of love.

We distrust those who are not like us.

We exploit the earth and its resources

and fail to consider generations to come.

Forgive us, gracious God,

for all we have done and left undone.

Even before the words are on our tongues,

you know them;

receive them in your divine mercy.

Amen.

How vast is God's grace!

Through the power and promise of

← Christ Jesus,

our sins are washed away

and we are claimed as God's own beloved.

Indeed, we are forgiven.

In the wake of God's forgiveness,

we are called to be the beloved community

living out Christ's justice

and the Spirit's reconciling peace.

Amen.

GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.**

GATHERING SONG -





Text: Fred Pratt Green, 1903-2000

Music: WAREHAM, William Knapp, 1698-1768

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PRAYER OF THE DAY

Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord. **Amen.**

WORD

First Reading: Isaiah 40:21-31

The Judeans in exile have a good reason to be hopeful: the one who will bring them to freedom is the God who created the world, the God who subdues the rulers of the earth and gives strength to those who are weary.

Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?
It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain, and spreads them like a tent to live in;
who brings princes to naught, and makes the rulers of the earth as nothing.

²⁴Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble.

²⁵To whom then will you compare me, or who is my equal? says the Holy One.
²⁶Lift up your eyes on high and see: Who created these?
He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

²⁷Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? ²⁸Have you not known? Have you not heard? The LORD is the everlasting God. the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. ²⁹He gives power to the faint, and strengthens the powerless. ³⁰Even youths will faint and be weary, and the young will fall exhausted; 31but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

The word of the Lord.

Thanks be to God.

Psalm 147:1-11, 20c

The LORD heals the brokenhearted. (Ps. 147:3)

1Hallelujah! How good it is to sing praises to our God!
How pleasant it is to honor God with praise!

- ²The LORD rebuilds Jerusalem, and gathers the exiles of Israel.
- ³The LORD heals the brokenhearted and binds up their wounds.
- ⁴The LORD counts the number of the stars and calls them all by their names.
- ⁵Great is our LORD and mighty in power; there is no limit to God's wisdom.
- ⁶The LORD lifts up the lowly, but casts the wicked to the ground.
- ⁷Sing to the LORD with thanksgiving; make music upon the harp to our God,
- 8 who covers the heavens with clouds

and prepares rain for the earth, making grass to grow upon the mountains.

- ⁹God provides food for the cattle and for the young ravens when they cry.
- ¹⁰God is not impressed by the might of a horse, and has no pleasure in the speed of a runner,
- ¹¹but finds pleasure in those who fear the LORD, in those who await God's steadfast love. ²⁰ Hallelujah!

Second Reading: 1 Corinthians 9:16-23

God entrusted Paul with the responsibility of bringing the gospel to diverse people. Hence the focus of Paul's ministry is not his own rights or privileges as an apostle but the privilege of serving God by freely sharing the good news of Christ with others.

16 If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! 17 For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. 18 What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. ²¹To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

The word of the Lord.

Thanks be to God.

The holy gospel according to Mark the first chapter.

Glory to you, O Lord.

Gospel: Mark 1:29-39

Everywhere Jesus goes, many people expect him to set them free from oppression. Everywhere he goes, he heals people and sets them free. Disease, devils, and death are running for their lives. The forces that diminish human life are rendered powerless by Jesus. ²⁹As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

32That evening, at sunset, they brought to him all who were sick or possessed with demons. 33And

the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The gospel of the Lord. **Praise to you, O Christ.**

SERMON

HYMN OF THE DAY -



Text: Marty Haugen, b. 1950
Music: HEALER OF OUR EVERY ILL, Marty Haugen
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CREED

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate. was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven. he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church. the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF INTERCESSION

Guided by Christ made known to the nations, let us offer our prayers for the church, the world, and all people in need.

A brief silence.

For the church: for ministries of healing and wholeness, for hospital, hospice, and military chaplains, for those serving in prison ministry, for all who proclaim freedom and release in the name of Christ, let us pray. **Have mercy, O God.**

For creation: for insects in the grass, clouds on the mountaintops, for cattle and the rainwater they drink, for the humility to take our place among all creatures of the earth, let us pray. **Have mercy, O God.**

For the nations: for all who lead in cities and towns, states and countries; for community organizers, school officials, and CEOs; for international health organizations, that in times of trial, fear, or hopelessness, they find freedom in service to those most in need, let us pray. **Have mercy, O God.**

For all wearied by life's burdens: for those who are poor, for those lacking supportive relationships, for those crushed by debt, for those struggling with chronic pain or other sickness, for those exhausted from overwork or stress, and for all who cry out to you (*especially for those we name silently or aloud*), let us pray. **Have mercy, O God.**

For this congregation: for our outreach and social ministries; for parish nurses and visitors; for ministries of companionship and support, for young people who open us to new understandings, let us pray. **Have mercy, O God.**

Here other intercessions may be offered. Please unmute yourselves.

In thanksgiving for the faithful departed, who were called by name and now rest from their labors, that their lives serve as witnesses to the goodness of God, let us pray. **Have mercy, O God.**

Merciful God, hear the prayers of your people, spoken or silent, for the sake of the one who dwells among us, your Son, Jesus Christ our Savior. **Amen.**

PEACE

The peace of Christ be with you always. **And also with you.**

OFFERING PRAYER

O God,

receive these gifts as you receive us: like a mother receives her child, with arms open wide. Nourish us anew in your tender care, and empower us in faithful service to tend to others with this same love, through Jesus Christ, our saving grace.

Amen.

GREAT THANKSGIVING

DIALOGUE

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

PREFACE

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ.

By the leading of a star he was shown forth to all nations; in the waters of the Jordan you proclaimed him your beloved Son; and in the miracle of water turned to wine he revealed your glory. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

Holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

THANKSGIVING AT THE TABLE

Holy God, the Beginning and the End,

our Salvation and our Hope,

we praise you for creating a world of order and beauty.

When we brought on chaos, cruelty and despair,

you sent the prophets to proclaim your justice and mercy.

At this end of the ages

your Son Jesus came to bring us your love

and to heal all the suffering world.

In the night in which he was betrayed,

our Lord Jesus took bread, and gave thanks;

broke it, and gave it to his disciples, saying:

Take and eat; this is my body, given for you. (Please raise the bread)

Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks,

and gave it for all to drink, saying:

This cup is the new covenant in my blood,

shed for you and for all people for the forgiveness of sin. (Please raise the cup)

Do this for the remembrance of me.

Remembering, therefore,

his life, death, and resurrection,

we await his coming again

in righteousness and peace.

Send your Spirit on us

and on this bread and wine we share:

strengthen our faith,

increase our hope,

and bring to birth the justice and joy of your Son.

Through him all glory and honor is yours,

Almighty Father, with the Holy Spirit,

in your holy Church, both now and forever. Amen

LORD'S PRAYER

Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

Our Father, who art in heaven,

hallowed be thy name,

thy kingdom come,

thy will be done.

on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses,

as we forgive those

who trespass against us;

and lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

forever and ever. Amen.

LAMB OF GOD

Lamb of God, you take away the sin of the world; have mercy on us.

Lamb of God, you take away the sin of the world; have mercy on us.

Lamb of God, you take away the sin of the world; grant us peace, grant us peace.

INVITATION TO COMMUNION

Beloved: here is bread; here is wine. Here is Jesus. Come and be fed.

COMMUNION

TABLE BLESSING

The body and blood of our Lord, Jesus Christ strengthen you and keep you in God's grace. Amen

PRAYER AFTER COMMUNION

Christ Jesus, at this table we have feasted on your very life and are strengthened for our journey. Send us forth from this banquet nourished in body and in spirit to proclaim your good news and serve others in your name. **Amen.**

BLESSING

God the creator strengthen you; Jesus the beloved fill you; and the Holy Spirit the comforter + keep you in peace. **Amen.**





6 Then bless his holy Name, whose grace hath made thee whole, whose loving-kindness crowns thy days: O bless the Lord, my soul!

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